

msc Medical
Schools
Council

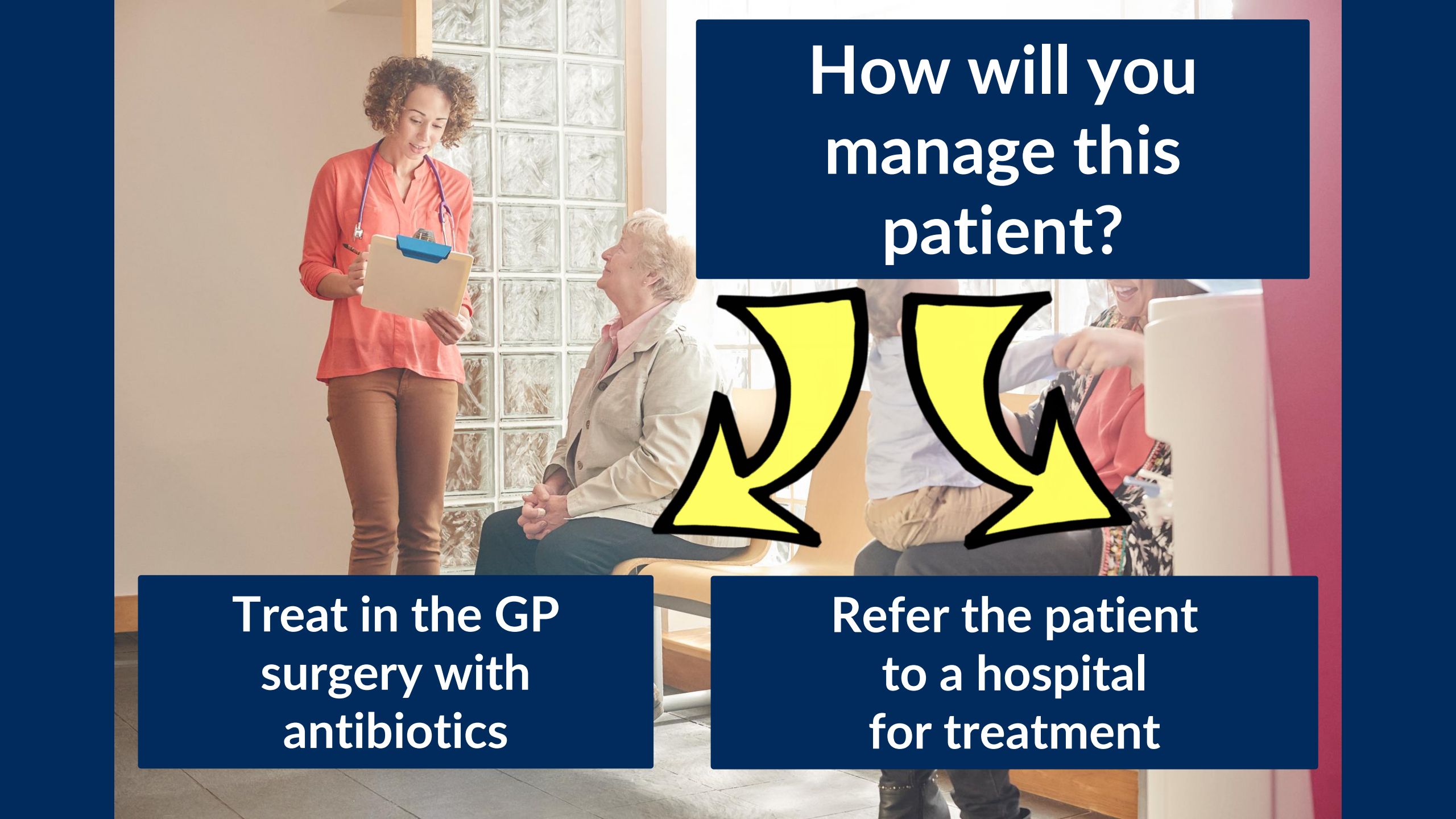


Royal College of
General Practitioners

Discover GP

Lesson plan examples





How will you
manage this
patient?

Treat in the GP
surgery with
antibiotics

Refer the patient
to a hospital
for treatment

How do
GPs decide?

1 GP appointment 1 A&E attendance

= £36 = £148



CURB 65

Confused?	Urea level more than 7mmol/L	Respiration rate more than 30/min?	Blood pressure less than 90/60?	Age over 65 years old?
1	1	1	1	1

Total: 0 -1 = Treat at the GP surgery with antibiotics

Total: 2+ = refer to the hospital for further management

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Total: 0 -1 = Treat at the GP surgery with antibiotics

Total: 2+ = refer to the hospital for further management

Mr B:

Not confused

Urea = 6.6mmol/L

Respiration rate = 24

Blood pressure = 110/80

Age = 75 years

Total = ?

CURB 65

Confused?	Urea level more than 7mmol/L	Respiration rate more than 30/min?	Blood pressure less than 90/60?	Age over 65 years old?
1	1	1	1	1

Total: 0 -1 = Treat at the GP surgery with antibiotics

Total: 2+ = refer to the hospital for further management

Mr B:

Not confused

Urea = 6.6mmol/L

Respiration rate = 24

Blood pressure = 110/80

Age = 75 years

Total = 1 point

PIKE

Perception

Information

Knowledge

Emotion



Questionnaire

- 1) Measure and record your neighbours heart rate
- 2) Test your neighbours pupillary reflex

Clinical Whispers

What did I do on my holiday?

... You are GP Holmes ...

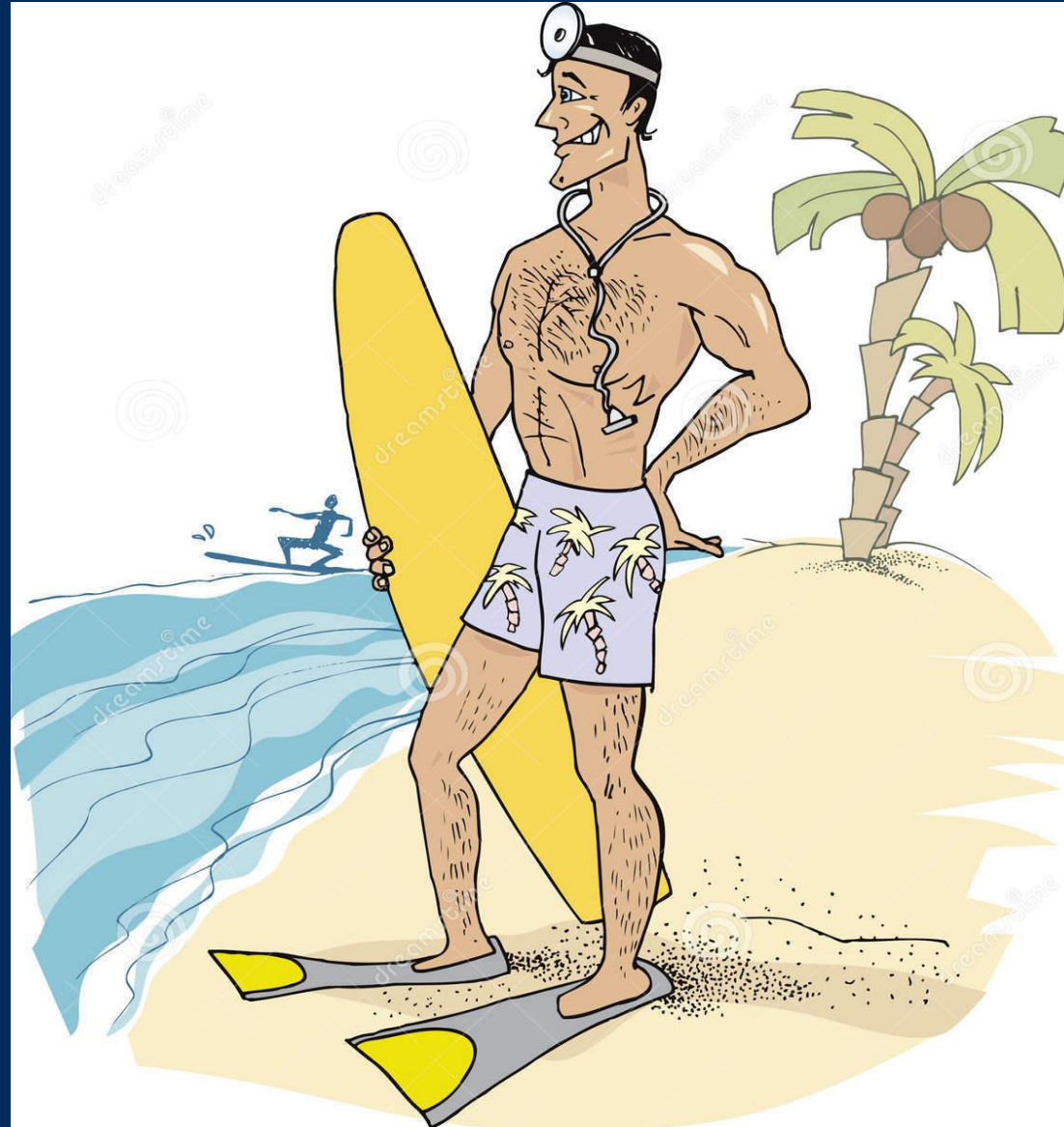
How many did you get?

Checked into
hotel and got a
room upgrade

Flight was
delayed by 2
hours

Spent 2 nights in Egypt
2 nights in Rhodes
2 nights in turkey

Got food poisoning
on day 3



Almost fell off
riding a camel

Went shopping
in Rhodes and
had pistachio ice
cream

Went inside a
pyramid and got
very
claustrophobic

Went to see
Ephesus –
ancient greek
site in turkey

What do GPs do?



Obesity –
lifestyle advice
about diet and
exercise

Diabetes –
diagnose, treat
and monitor

Heart disease
– diagnose,
treat and
monitor



Alcoholism –
life advice and
help to cut
down

Liver cirrhosis
– diagnose,
treat and
monitor

**High blood
pressure/hype
rtension** –
screen,
diagnose, treat
and monitor

Fever

Vomiting

Macrocephaly – a large head

Autism – liaise with specialists and school

Vaccinations

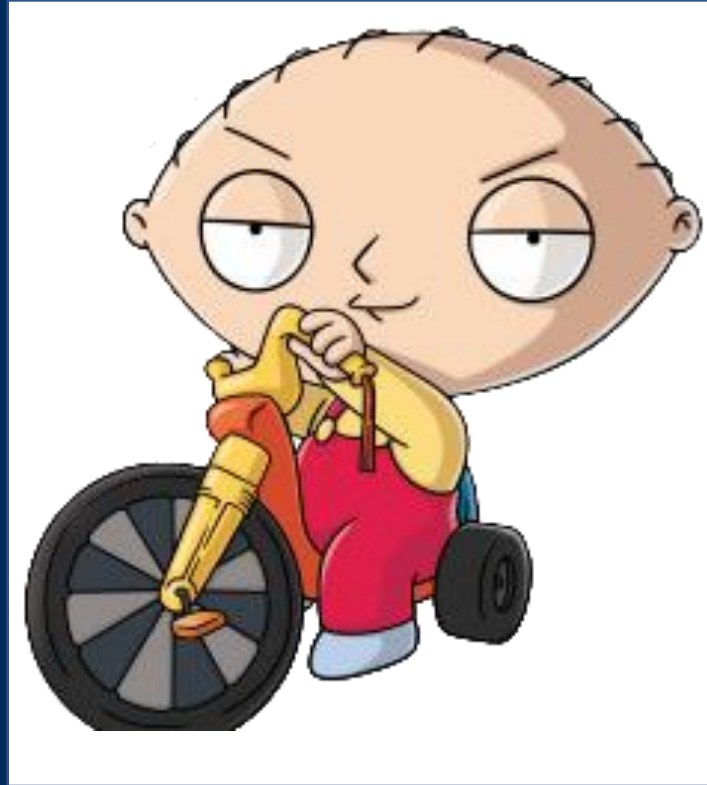
Not reaching milestones

Cough

Rash

ADHD – liaise with school

Irritability/inconsolable



Advice during
pregnancy

Post natal
depression

Advice during
pregnancy



IBS

Mental health
services

Menopausal
advice

contraception

Bullying –
liaise with
school

IBD

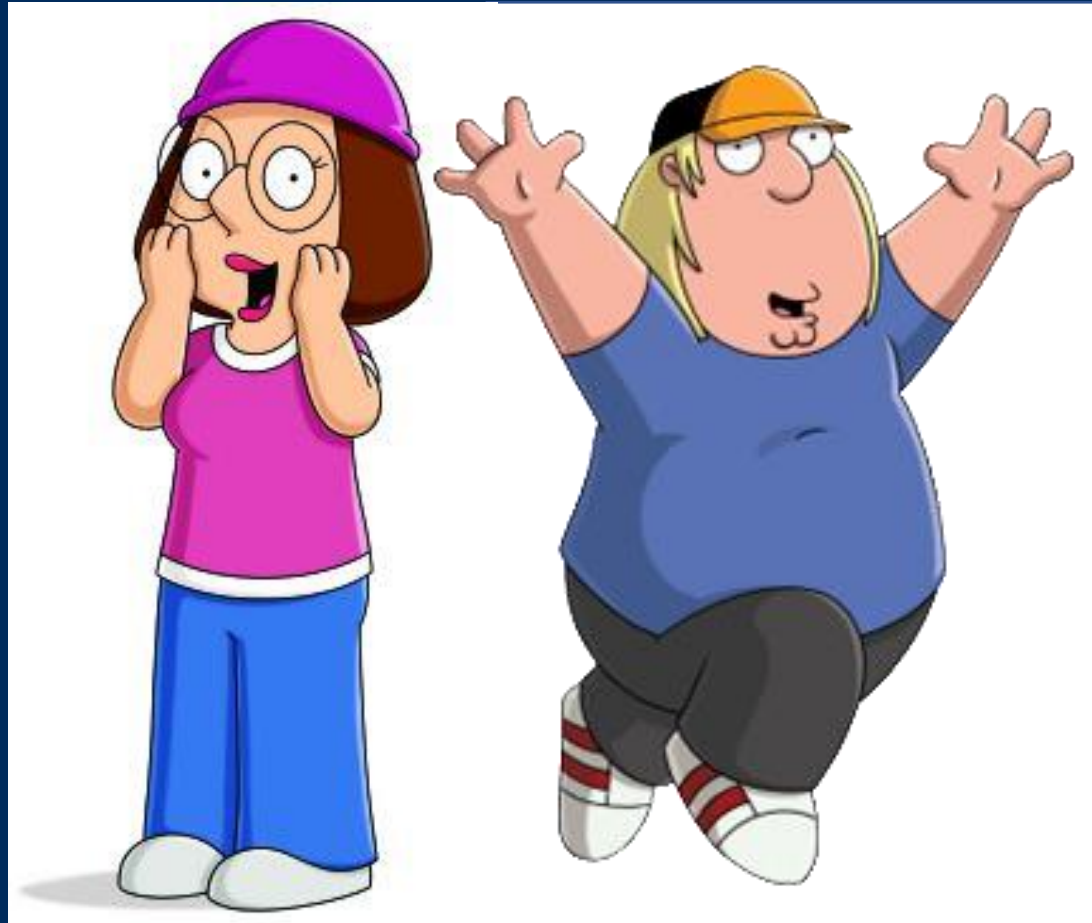
Vaccinations

Epilepsy

Meningitis

Learning
difficulties

Teenage and
childhood
obesity



Glandular
fever – kissing
disease

Mental health
services

Asthma

Type 1
diabetes